

AUDAX NEWSLETTER

September 2007

Perth Region

Happenings...

Stephan Monot and Geoff Helliwell are off their bikes at the moment. We hope to see them both out with us again soon.

Don't forget to contact Rod Marston 9368 4552 or Ken Dupuy 9457 7280 ASAP to book for the Dwellingup weekend 23-24 November.

So far the club has booked seven chalets for the Dwellingup weekend. Each chalet has two bedrooms. Each bedroom is \$125 for the two nights (50% deposit please).

The following people have bedrooms reserved:

- Alan Tolcher
- Glenn Mitton
- John Lee
- Rod Marston
- Brian Hawes
- Jim Mathews
- Jim Banford
- Aldis Balde
- Ken Ward
- Colin Law

There will be a new annual award for the WA Audax member who has ridden the most kilometers in his first Audax year.

Commencing in 2008 there will be a 50/100 km ride every first Sunday in the month starting from Deep Water Point at 8.00am. For more details contact Bjorn Blass 9361 3992.

If the oncoming rider looks exactly like you, you are about to ride through a shop window.

Remember it's nice to be important, but more important to be nice! And to always laugh at a rich mans jokes.

Read on for TDF and PBP rides on the pages to come.

Safe and happy riding to you all...

Ralph Morgan...

♣♣♣♣♣♣♣♣♣♣

Paris Brest Paris

Attached hereto a result sheet which doesn't include Harry Goonatillake, who also finished.

.....WELL DONE ALL PARIS BREST PARIS RIDERS.....

Also included is a copy of Bjorn's report. Chris Antoniou had the misfortune to have his bike stolen just before the start.

It rained all through the event, Wayne was seen on the internet, looking like a drowned rat, somewhere on the route.

BJORN'S
Paris Brest Paris Report

Eight brave souls crossed the globe to ride the hardest PBP in 30 years. We take sunshine for granted here in WA as there was none to be seen over the 90 hours. There was however plenty of rain. Oh boy was there rain and some head wind thrown in for good measure. The bridge coming into Brest was a welcome sight for all of us and our spirits were lifted in the knowledge that we only had another 600 km to go. One of the hardest decisions a long distance cyclist has to make on an event like this is having to choose whether to continue or stop. Two of our guys were among the 2000 others that chose to stop. It was a tough ride that claimed several casualties and even a death.

Returning home and riding around Perth was very strange as I missed having folk standing on the side of the road in the rain clapping and cheering us on. No children beckoning us to stop and drink coffee eat cake that they had made for us. For me it was really the locals and the international riders that you met along the way that made this ride so special. Sharing these hardships with them made for lasting memories.

Tour de France...

Brian Smith and Pat Briggs saw all of the tour in a mini coach with eight other enthusiasts. Plus visiting the routes of the early season classics and a number of excellent Belgian cafes to check that their beers were up to standard.

Glenn Mitton also saw the tour in England (see enclosed report) and toured in Wales and along the Rhine to Switzerland (will be featured in the next newsletter).

Ross Cussons was also at the London time trial, then went on to Ireland.

It was hard enough staying up to watch the tour on TV, let alone ride it. I thought the filming of the descents were particularly spectacular.

Which of you gentlemen was it in the devils outfit?

GLENN'S EUROPEAN
CYCLING VACATION
JULY 2007...

I have recently returned from a cycling holiday in the UK and Europe. My arm has been twisted to write a few lines about my trip. I undertook the trip on my own and it was my first trip overseas. I was travelling for about four weeks.

My journey started with a 36 hour stop over in Dubai in the United Arab Emirates. I then flew to Manchester Airport where I was collected and taken down to Wales. I spent a few days in Wales with my wife's relatives and then went down to South West Wales with my bike.

After a cold, windy night in SW Wales I travelled up to London and on to Folkestone in Kent. I stayed in Folkestone and commuted up to London by train to see the start of the Tour de France. The next day I rode out to Farthing Common (Kent) and saw



Stage One of the Tour pass by.

I then travelled across the channel to Calais and on to Lille by train. After a night in Lille I rode to Tournai (Belgium) to see Stage Three of the tour.

After Tournai I continued across Belgium, Holland and into Germany where I met up with the Rhine River at the city of Bonn. I followed the Rhine upstream (South) along the West bank through Germany and a short stint in France again.

At Basel in Switzerland I turned East to follow the Rhine along the Swiss/German border as far as Lake Constance. After a nice ferry trip across the lake I was back on the bike pedalling to Munich. After a couple of days in Munich I flew back to Australia.

I enjoyed the whole trip very much and I would do it again tomorrow.

Before I headed off overseas I set up a 'Blog' on the internet so relatives and friends could keep up to date with my progress. A Blog is simply a journal or log which you access on the internet. I set up the Blog so that it could only be accessed by those I gave permission to. I was able to update the Blog using any computer connected to the internet, i.e. internet cafes, public library, relatives and hotels. I could also update it with my mobile phone if I had Wireless Internet access. People who had access to the Blog were able to put comments on the Blog.

I have included a print out of the Blog because I am lazy and don't want to write any more. The entries in the Blog might sound a little unusual at times, but I was updating the Blog every day or two, in a strange country, on my own, often after a hard days ride.

If you decide to throw caution to the wind and read the Blog, remember you should start reading from the back.

Best wishes and good cycling Glenn Mitton

Past Rides...

23 June - 150 km - Taste of the Hills

On a cold, wet, windy day only the dynamic duo Colin Law and Wayne Hickman rode. For their pains they got rather muddy due to road works.

7 July - 100/200 km - WA Alpine Classic

see attached report by Klaus Hagedorn

21 July - 300 km - Gasman's Giro

Appalling day, torrential rain and strong winds. Four started, but wisely called it a day after half an hour.

11 August - 300 km - The Swinging Pig

Called off by mutual consent, once more due to awful weather.

25 August - 100/200 km - A Little Extra

Underwhelming response with nil entries.

8 September - 50/100 km - Burkes Backyard

Five riders for the 100 km, who kept together well on a showery morning. A much improved cycle-way but still three punctures occurred due to glass and debris on the track from overnight storms. Ride hazards included heavy trucks and the Boy Scouts Annual Trek About.

Future Rides...

22 September - 250/400 km - Midland Military Mayhem

Starts 7am Midland

Ride Organizer - Glenn Mitton - 041 918 6398

6 October - 1000 km - York, York and more York

Starts 6am York

Ride Organizer - Nick Dale - 9285 0083

20 October - 100/50 km - Paris Brest Paris Café

Starts 7 am Kelmscott

Ride Organizer - Colin Law - 9397 7739

3 November - 100/50 km - Burkes Backyard Again

Starts 8 am Deep Water Point

Ride Organizer - Peter Mareakis - 9443 2210

10 November - 200 km - Coolup Loop

Starts 7 am Deep Water Point

Ride Organizer - Ralph Morgan - 9339 7259

23/24 November - Dwellingup Camp Weekend

Contacts - Rod Marston 9368 4552 - Ken Dupuy 9457 7280

1 December - 50/100 km - Dog Leg Loop

Starts 8 am - Deep Water Point

Ride Organizer - John Lee 9310 4789

8 December - Christmas Party at Rods Place

Rod Marston - 9368 4552

9 December - 100/200 km - Post Party Pedal

Starts 7 am - Deep Water Point

Ride Organizer - Tony Gillespie

15 December - 150 km - Foothills Cruise

Starts 7 am - Deep Water Point

Ride Organizer - Chris Patton - 9490 8181

6 January - 50/100 km - Hot Hickman's Hell

Starts 8 am - Kelmscott

Ride Organizer - Wayne Hickman - 9454 3689

20 January - 250 km - Bjorn's Brain Boiler

Starts 7 am - Lakes

Ride Organizer - Bjorn Blasse - 9361 3992

Audax Australia – Ride Report

Ride Name: WA Alpine Classic?? **Date:** 07/07/2007
Start / Finish Point: Lions Park Armadale **Distance:** 100/200 km

Entries: Audax: 11 **Other:** 1
Finished: Audax: 9 **Other:** 1

Weather / Traffic Conditions:

The weather gods were very kind and presented us with a mild and sunny winter day, with light winds in the morning, freshening a bit in the afternoon. The morning temperature of approx. 11 degs C at the start climbed steadily to reach 20 degs C in the afternoon. Moderate traffic on Brookton Hwy and Albany Hwy, otherwise light traffic on the minor roads.

General Comments: Is there a perfect date or idea for making the ride a greater success next year.

12 riders assembled at the start, 7 for the 200 km and 5 for the 100 km. The first 25 km from the start to Soldiers Road had to be changed on short notice, due to road works on Lady McNess Drive. Therefore we approached Soldiers Road from the West which added another 4 km of climbing up Brookton Hwy. This ride was a tough one, especially Canning Mills Rd was quite a challenge for me. But once you're on top of the hill you're smiling again - until the next one.

Welcome to Caroline Williams, an Audax rider from Brisbane, now living in Perth. If any rider with an average fitness level is looking for a cycling challenge in the Perth region, this ride could be the one for you.

Incidents / Issues or Accidents? Please detail and phone / email the brevet secretary:

To avoid any delay and make it possible for all riders to start on time, riders should be at the location at least 20 minutes before the start

The route could be a bit straighter forward, not so many turns.

Ride organiser:

Name: Klaus Hagedorn **Address:** PO Box 78, Woodvale WA 6026
Phone: 9409 2570

PBP - 2007												
				7497	4966	4950	4930	4957	4935	4962	1998	
Control	No.	km	Anton.	Blasse	Dale	Godkin	Goonat.	Hickman	McClos.	Stevens		
St Quentin en Yvelines	1	0	0	21:00	22:10	22:10	23:10	23:10	22:10	23:10 ?	20:00 ?	
Mortagne au Perche		140										
Villaines La Juhel	2	82	222	9:15	8:39	8:38	10:36	10:39	8:16	7:32		
Fougeres	3	88	310	15:11	13:45	13:44	16:57	17:01	13:17	11:31	7:30	
Tinteniach	4	55	365	19:43	17:45	17:17	20:57	20:56	16:23	14:28	10:00	
Loudeac	5	85	450	8:49	22:17	21:26	2:38	2:38	21:17	18:53	13:41	
Carhaix	6	75	525		6:23	2:11	12:10	12:10	5:45	5:45	17:23	
Brest	7	90	615		12:19	11:44	18:39	18:39	11:20	10:20	21:01	
Carhaix	8	82	697		17:34	16:44	1:54	1:54	16:08	15:00	1:58	
Loudeac	9	76	773		23:14	20:55			19:53	19:10	7:28	
Tinteniach	10	85	858		8:36	3:15		15:12	8:19	8:19		
Fougeres	11	55	913		12:09	7:35	19:05	18:45	11:27	11:17	16:02	
Villaines La Juhel	12	88	1001		18:33	13:50		1:35	16:12	16:10	20:26	
Mortagne au Perche	13	82	1083		1:40	18:55			20:53	21:58	1:27	
Dreux	14	73	1156		8:30	23:21		13:52	1:20	9:25	5:10	
St Quentin en Yvelines	15	69	1225		13:26	3:45		18:34	6:05	13:27	9:17	
Time					87h16	77h35		91h24	79h55	87h17	61h17	

