

## Wave Rock 1000 miles (1600 km) & 200 km Wave the Wavers

29 February 2020

*[collated from Facebook & the newsletter]*

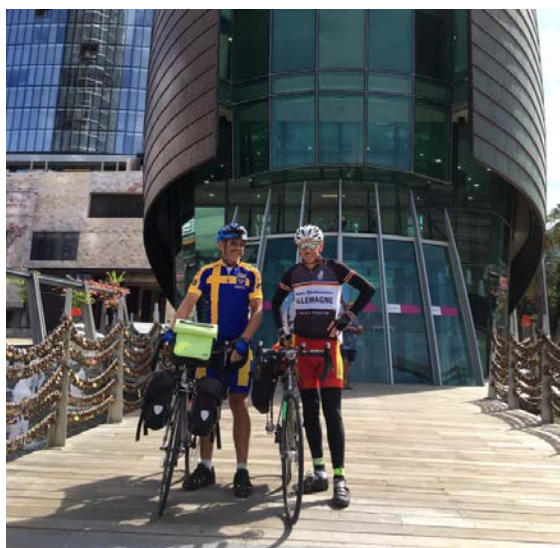
Starting on 29 February 2020, four riders (Wolfgang, Jan Erik, Wayne and Nick) unassumingly tackled the **Wave Rock 1600km or 1000 miles** through the western and southern wheatbelts. The group battled strong headwinds and freezing nights.

The four Wave rock riders started at 5am escorted by a posse 200km Wave of the Wavers riders.

First sleep stop was at 321km - Ballidu for a pub pizza n apple pie and a few hours sleep in a Donga. The riders set off at 4am only to be smashed with 32km headwinds to Beacon which turned into 35km cross wind to Trayning then 40 headwinds to Merredin. Tough day in the office.

The route passed through Merredin, Bruce Rock, Wave Rock, Lake King, Lake Grace, Wagin, Williams, Pingelly, York Toodyay, Upper Swan and finished back at the Bell Tower.

Nick and Jan Erik successfully completed the ride followed by Wayne despite dealing with an overuse injury. A huge thank you to Wayne Hickman for organising the ride, including giving up his Christmas to recce the route. The riders were also seriously grateful to Alison McLernon for turning up with food and words of encouragement on day 2 when the riders were battling the terrible headwinds.



Nick & Jan Erik at the finish

## Gary's Wave of the WAvers ride report

Saturday 29 February saw five registered riders and one tag along brave an early 5am start to send off the 1600ers.

The 200km BA riders where Tania , Ed, Murray, Perry and myself with Kim tagging along as support for the 1600ers. It was Tania's first Audax ride and also her longest ride to date. Well done buddy!!

We enjoyed a tail wind to Two Rocks (the first control), sent off the 1600ers at the 100ish km before heading to Gingin for lunch.

There was a bit of concern about trucks when riding the 20km stretch on the Brand Highway. We stayed together and had no issues as the traffic gave us plenty of space.

After a water stop at Muchea we headed to Ellenbrook taking a snake gully trip around the burbs to find the access to the new Tonkin PSP ... the new path was a dream to ride on... but overshadowed with the head wind to the finish!

Chilled on the grass after a much needed soft serve sugar boost!

